

THE
IOWA
WBA

BOWLER

Publication of the Iowa State USBC Women's Bowling Assn.

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LEAGUE SECRETARIES:
PLEASE TAKE THIS NEWSLETTER TO YOUR BOWLING SESSION
AND PASS IT THROUGH YOUR LEAGUE.

CHARLA'S WEB

Greetings to all!

It's early March! Spring is just around the corner, the state tournament is in full swing, and the end of the 2010-11 bowling season is just around the corner. Time really goes fast...

In the September issue, I talked about the USBC (national) dues (\$10) that we all pay each year when we start our leagues. In the December edition, I focused on the \$1.00 dues which each bowler pays to the state association, in our case, the Iowa State USBC WBA. And as promised in this issue, I'm going to talk about local association dues, and what can be provided by the locals to their bowlers.

Local association dues can range from no dues to a maximum of \$10.00. The amount varies from local association to local association and the amount is part of each local associations bylaws. The amount is approved by the membership during the local association annual meeting. It can also be changed, up or down, with a proposed amendment, and, again, the approval or

disapproval of the membership during the local association annual meeting.

What do bowlers receive for the local dues? Local associations, just like the state associations and USBC, have expenses, one of which is the association manager (formerly known as the city secretary or secretary-treasurer). Most managers are paid a salary to provide administrative/management services to the local association.

Some of these duties are the processing of all bowlers memberships from the various leagues to USBC. This is accomplished by entering the leagues and bowlers into the Win Labs system, which is provided by USBC, and transmitting electronically to USBC. Of course, a computer is necessary. In some cases, the manager provides her or his own computer, and in larger associations, the computer is purchased and the property of the association.

With computers, there is a need for a printer, paper, ink cartridges, all the usual supplies

that go along with using a computer. More expense here!

Does your association have an awards program? I sure hope so! Bowlers need to be acknowledged for that good game or great series, or taking 1st place in the association tournament, or for being a top fund raiser for the BVL or the Bowl for the Cure, or for bowling a lot of pins over average!

Awards don't always have to be plaques and trophies. Have you tried an award certificate? Certificates can be printed on that computer the manager has, and for a variety of reasons!

Examples I have seen and heard about include a "Sour Apple Award" which is awarded when a bowler manages to leave a 5-7-10 after their first shot. Certificates for high games and series are appreciated by the bowlers, but let's not forget about the smaller average bowlers. Since USBC has done away with the "pins over average" or Century award, a local association could create an award for bowlers who shoot a game 50 pins or 100 pins over age, or a series 125 or 150 pins over average.

Many locals have yearly awards for an All Star Team,

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or a service award for a league secretary who does an outstanding job. Honor your older bowlers by presenting a certificate designating the number of years they have bowled, or have bowled in a particular league.

Weekly awards can be awarded as well. If the team members all strike in the same frame, make that an award!

Do you have someone from your association who is no longer able to bowl but was a significant member of your association either during bowling or in service work? Although USBC advises against naming an award after a person, it is a real honor to have an award named for you, and presented to someone for their outstanding contribution to our game, either bowling or in service to bowling.

There are other small tokens of acknowledgment that can be bestowed upon a bowler for an accomplishment, such as a candy bar (see the story in this newsletter from the Hull USBC) or even a special piece of candy for a special feat.

And of course, there can be silly awards too! How about that famous "111 in the 7th"! I have heard stories of some members paying a "fine" in their league if they have a 111 in the 7th, why not turn it around and give the bowler a little attention for that? It's all in good fun!

I'm sure if I could have a conversation with all our local associations, just right here in Iowa, I could come up with many awards or acknowledgements for different feats in our bowling for all bowlers!

What does your association do for your bowlers? All bowling associations are formed to provide service to the membership.

Do you conduct an annual tournament? I know many of the smaller associations don't; it's not required by USBC for affiliate associations. But that doesn't mean you CAN'T have a tournament! A tournament is another opportunity for your bowlers, and it helps your proprietor as well. And it's a service you provide to your membership!

Do you elect and send delegates to the state annual meeting or to the USBC annual meeting? If your treasury allows, give your delegate (s) a small stipend for attending the function to help them with their expenses. In turn, they are representing your local and should be required to make a full report of all meeting activities and information back to your local association.

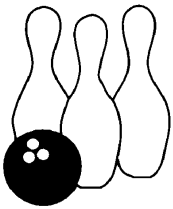
I hope I've given you some ideas on what local dues do and can do for the local bowlers.

It's been another great season! This completes my fifth season (there's that time goes fast thing again...) as the association manager of the Iowa State USBC WBA, and I certainly hope to have many more.

In closing, please do all you can to promote bowling; work with your proprietor, take care of your leagues and your bowlers, and take care of the business of your local association. Together, we can all make a difference!

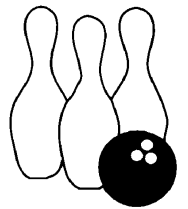
Until next time...

Charla



HERE'S JOHNNY!

By Johnny Carr



BOWLING AS WE AGE!!!!!!

As we age, what changes can we make to continue to score well? One recommendation is to go to a lighter weight ball. If you find that you are squeezing the ball in order to hang on to it because if you don't you will be dropping it close to the foul line, this is maybe an indication you need a lighter weight ball. By dropping your ball close to the foul line means you will not get a good roll on your ball. You need to maintain a good roll on the ball. If the ball is too light, you may have a tendency to throw the ball instead of rolling the ball.

What do I mean by throwing versus rolling the ball?

Throwing the ball is when your thumb and fingers come out at the same time and the ball will slide too far down the lane before it picks up a roll, thus not getting good pin action.

In order to get a good roll on the ball, you need to work on keeping your hand underneath the ball and your thumb at the 11:00 o'clock position. At release point, if you come up through



the ball with a nice follow through, the ball will pick up a roll earlier, thus creating more pin action. If you have difficulty staying underneath the ball and coming up through it, you can consult your local pro shop about the proper wrist brace that will help.

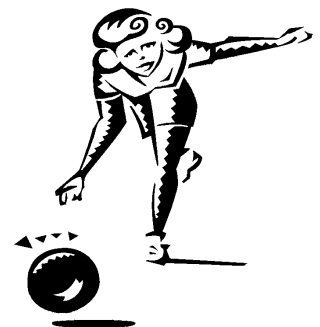
By doing these things, you will see an increase in the pin action, which should result in higher scores. As with any changes in your game, it takes practice.

Being as this is the last article I will be writing for the Iowa WBA Bowler, I would like to thank Charla Green and the other officers and directors of the Iowa State USBC WBA for the privilege of writing these articles through the years. I also want to thank Norma Rose for keeping me on track and on time.

My hope is that the articles have been helpful and informative.

BOWL FOR FUN!!!!!!

Sincerely, Johnny Carr



OTTUMWA OPENING



Kristi Reidy & Charla Green cutting the ribbon to officially open the 2011 ISUSBCWBA State Championship Tournament.



Ottumwa USBC WBA Board of Directors present at the Opening Ceremony

OTTUMWA YOUTH HELP OPEN 2011 ISUSBCWBA STATE CHAMPIONSHIP TOURNAMENT

Each year, the ISUSBCWBA hosts a youth singles tournament as part of the official opening of the annual state championship tournament.

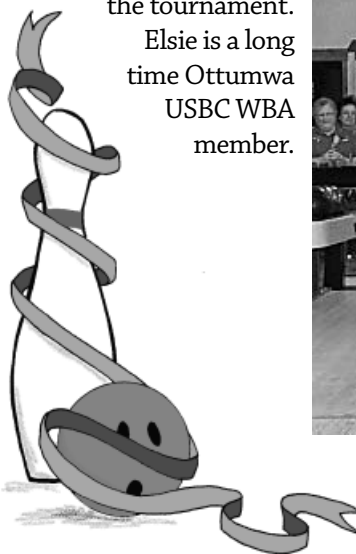
The 2011 event was held at Bridge City Bowl in Ottumwa. 16 boys and 16 girls bowled in the tournament.

In the boys division, the top three finishers were, 1st place Tyler Meinders, 2nd place Joey Lee, and 3rd place Brandon Caldwell.

For the girls, 1st place, Jordan Krantz, 2nd place Whitney Bone, and 3rd place, Kelsey Johnstone.

Elsie Harter, she rolled out the first ball of the tournament.

Elsie is a long time Ottumwa USBC WBA member.



The result of Elsie's ball



Ottumwa ROTC group which presented the colors at the start of the Opening Ceremony



Mark Eckman, Director of the Ottumwa Convention and Visitors Bureau welcoming all to the tournament



Sharon Parks, President of the Ottumwa USBC WBA (left), and Nancy Butler, Assn. Mgr. of the Ottumwa USBC WBA (right)



Urbandale Man Wins Bayer USBC Masters

By: *Laura Christensen*

As a young man growing up in Indianola, Tom Hess and his parents, Charlie Hess and Marcie Freeman knew he had what it would take to win a PBA Masters tournament. After all, his father ran the bowling center in Indianola, Indian Lanes.

Tom began sanctioned leagues at the age of 5 and as a youth, he traveled to Kansas City and Minnesota for tournaments. Mark Roth and Pete Weber both inspired him in his journey through his bowling career. As one writer wrote, "Tom is intense in a PDW kind of way."

Bowling has always been a part of Tom's life with grandparents, parents, aunts, uncles, wife and children all being bowlers. Tom has worked very hard over the years bowling in leagues and practicing for hours, as well as working out in the gym. This season he is bowling on one league, Highland Park Businessmen on Wednesday night at Plaza Lanes.

It is no wonder that he has reached the top, winning the PBA Masters tournament on February 13, 2011.

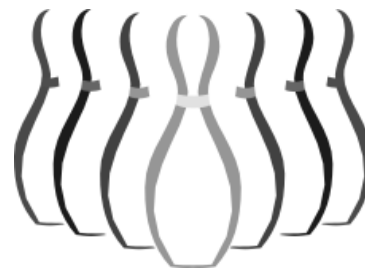
Tom moved to Urbandale when he married his wife Sue Holloway. Sue is also a bowler from the Des Moines Area USBC WBA. As Tom says, Sue is his "rock". She holds everything together at home while he is on the road. They have 2 children, Andrew, 15 and Megan, 10. Andrew bowls on the Urbandale High School team.

Some of Tom's other accomplishments are:

- Six time PBA regional champion
- 2003 Midwest region "Rookie of the Year"
- Three time Iowa State Champion
- Multiple GIBA wins
- Multiple Mid Iowa wins
- Over 70 300 games
- Over 20 800 series with 835 high
- Scratch tournament wins in eight different states.

Tom is bowling now in the Lumber Liquidators US Open in New Brunswick, NJ, and on March 2, Tom will bowl in the Mark Roth Plastic Ball Championship. Soon after he will bowl in the Dick Weber PBA Playoff, then off to Indianapolis and possibly a trip over seas for the World Championship.

Wherever your career takes you, we wish you the best in your PBA future.



HULL USBC PERSONALIZES AWARDS

Information submitted by *Sindy Bonestroo*

The Hull USBC creates its own awards for a variety of accomplishments within the women's league.

Sindy Bonestroo acts as the coordinator of these awards for the ladies.

Sindy creates a Certificate of Appreciation which is presented to each team for their sponsor. The ladies league wants each and every sponsor to know that the support of the sponsors is vital to the health of the league and the sponsorship is appreciated.

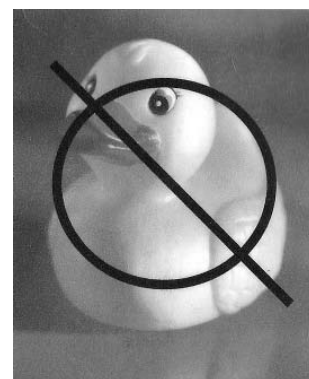
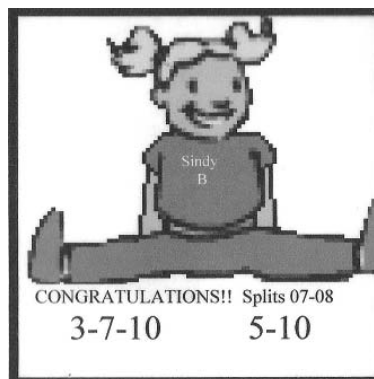
Magnets were created for each bowler who picked up a split during the bowling season, and each split conversion was noted on the magnet along with the current season.

The "Duck" award was created for those bowlers who roll a game under 100 and Sindy even came up with the "Congratulations! No Duck for You This Year" award. Sindy stated the magnets are made out of cardstock, and then laminated, and a small magnet is then glued on the backside.

Candy bars were also used for various awards. Sindy created "sleeves" for the candy bars, and they were presented to the various winners.

The Hull USBC ladies league all agrees, it's not so much about what you give or receive, just so people are acknowledged and the whole league has some fun!

A picture showing two of Sindy's creations!



BVL--(Bowlers to Veterans Link) Mail-In Tournament 2010

By Connie Rommel,

ISUSBCWBA Director and BVL Chairperson

On behalf of the Iowa State USBC WBA Board of Directors, I salute you, the league bowlers and those of you who coordinated your associations BVL Tournament entries. Our fourth tournament is the best ever. We had 1123 entries in the WBA divisions and 1121 entries in the BA divisions for a total of 2244. I was overwhelmed by the entries but I am not complaining! The hours sitting in front of my computer entering names and scores was well worth it. I will be sending a check to BVL for more than \$4488 which is the amount from the entries. This does not include any donations received and any other money from our state tournament raffles, etc. I will request that the majority of the funds submitted be returned to our state association to personally hand the funds over to the veteran's facilities in the state of Iowa.

Congratulations to our five division winners:

Women's Division 1-Billie Goyette, Davenport Metro

Women's Division 2-Tammy Rhine, Creston

Women's Division 3-Lindsey Johnson, Greater Cedar Valley

Open Division 1-David Peer, Mt. Pleasant

Open Division 2-Jack Garrey, Ames Area

The top associations entering were:

Greater Cedar Valley-482

Ames Area-308

Ft. Dodge-232

The final prizelisting is available by clicking the tournament tab on our web site www.iowawba.com.

A check in the amount of \$4201.72 was sent to BVL from the 2009 tournament and donations. Charla received three checks in the amount of \$1,188.00 each to be given to the three veterans facilities in Iowa. In December, Charla and I made our annual round trip to the Iowa City Veterans Medical Center, the Des Moines Veterans Medical Center and the Iowa Veterans Home in Marshalltown. All three centers were very appreciative of our donations. David Worley, the Commandant in Marshalltown has bowled in leagues in other states. We expressed a desire for him to work with the bowlers in Marshalltown to submit entries from that association.

Some of our funds are kept by BVL to help support other veterans events, along with "Recreation", an entertainment troupe of young men and women who entertain our veterans, Winter Sports Clinic Wheelchair Games and new this year, the TEE (Training Exposure Experience) Tournament held in Riverside Iowa. This was an event BVL asked our state board to represent them at. Some of us attended the dinner to receive a plaque for BVL being a Gold Sponsor of the event. This meant they had donated at least \$10,000 to support this golf and bowling event for our veterans. The bowling event was at Colonial Lanes in Iowa City. A few of us were able to attend that event where 30 visually impaired bowlers had fun on the lanes. What a pleasure for us to be asked to present the medals to the winners.



*Connie Rommel, BVL Co-ordinator and ISUSBCWBA Director
David Worley, Commandant, Iowa Veterans Home, Marshalltown
and Charla Green*



*Charla Green; Bart Quick, Chief, Volunteer Service & Community
Outreach, Des Moines; Angie Sage, Volunteer Services, Des Moines
and Connie Rommel*



*Connie Rommel;
Michael Foster, Chief, Voluntary Service, Iowa City
and Charla Green*

BVL is there for our Veterans. We need to support it in every way possible. I want to thank all of you who submitted all the entries and ask that you go out this year and increase your entries once more. Each and every one of us knows a veteran. They are probably a family member or dear friend. We need to be there to support them. This tournament is an easy way to do that. Help us support BVL.

COMMUNICATION

By Charla Green, ISUSBCWBA Assn. Mgr.



Communication: 1. the act of communicating; exchange of ideas, conveyance of information, etc. 2. That which is communicated, as a letter or message. 3. Means of communicating, as a highway, telephone, radio, television, etc.

Sound familiar? It's right out of Webster's Collegiate Dictionary!

I sincerely hope that the bowlers and associations that I serve/have served during my bowling life will remember me and my efforts to communicate effectively, efficiently, and always!

Communication starts with our bowlers; any and all bowlers! Casual bowlers communicate with the bowling center and staff that they want to bowl! League bowlers communicate with the bowling center, and with their team mates, league mates, and the league officers, especially the secretary!

League secretaries communicate with the bowling center, the league members and the local association manager. League secretaries are required to submit all dues and membership application cards from the league to the local association manager within **three weeks of the league starting to bowl** and timely thereafter for additional members who join later.

Local association managers communicate with bowling centers, league secretaries, bowlers, state association managers and USBC! Local managers are required to process and transmit all dues to USBC via Win Labs **within 30 days of receipt from the league secretary.**

Timely transmittals are needed (within 20 days) of any dues received from additional bowlers through the various leagues. Win Labs transmittals from the local association transmit our \$10 dues to USBC (national bowling headquarters) and our \$1.00 dues to the appropriate state association (women or men in the case of unmerged states, such as Iowa).

When transmittals are **NOT** done timely, USBC, the state associations, and the bowlers suffer! USBC and the state associations do not receive the membership dues, which is a large part of our operating capital. Bowlers do not receive their membership cards and in severe cases, would **NOT** be eligible for USBC or state association awards past the October 1st grace period. Can you imagine a bowler rolling an honor score and not being eligible for the award because the elected or employed secretary/manager did not follow protocol and transmit the dues accordingly??? Not to mention any state or local award as well!

Local association managers, are your officers and directors, and all your association information (email address, elected dates, etc.) correct in your Win Labs? This is how USBC communicates with you! If your information isn't correct or transmitted when a change occurs, your local association will NOT receive communication from USBC, such as The E-Bowler, emails from various departments at USBC, The Bowler magazine, USBC E-Connection, etc.

What version of Win Labs are you using? The most current version, the one we should all be using, is **9.9.32**. When you open Win Labs, at the top, if it

doesn't say (Version 9.9.32) you are **NOT** using the current update, and you need to update immediately! This helps with many Win Labs functions, including the tournament package and the awards! Win Labs updates can be found at bowl.com. If you need assistance with this, please contact me and I will help you or get you the assistance you need!

This newsletter is another **COMMUNICATION** tool; one that the Iowa State USBC WBA is proud to provide as a **SERVICE** to our members and bowling in general. It is produced, mailed and provided electronically on our website, www.iowawba.com, newsletter tab.

Are you communicating effectively with your bowlers, your league secretaries, and your board of directors, your tournament entrants, and the bowling public? We hope so! There are so many ways to communicate, and it is so important! Bowlers can't enter your tournament(s) if they don't know about them. They won't join a league if they don't know what is available and what will "fit" their schedule. They won't schedule a function at the bowling center if they don't know what is available!

I strive, as many of us do, to communicate effectively, but without being annoying. Can we find more and better ways to communicate with each other, our bowlers, our bowling centers, USBC? Let's hear from you! What manner of communication do you utilize in your league, your local association, your bowling center?? Let's share our ideas! It can only help us to all do a better job at the jobs we do!

Let's all jump on the "communication lane" and bring our stories to the bowlers!



Muscatine USBC *Submitted by Jeannie Staley*

November 21st proved to be an exciting league night for **Sarah Barnes**. Using games of 180, 203, and 235, Sarah rolled her first 600 series, a 618! Congratulations Sarah!!

Tamara Culp rolled her first 600 series on September 10, 2010 using games of 219, 198 and 186 for a 603. Congratulations Tamara!!

January 14, 2011 was a memorable night for **Jamie Nesbit**. She bowled her first 600 series, a 606! Jamie's games were 224, 189, and 193. Way to go Jamie!!!

Talk about a 'hot' night in Muscatine! That would have been February 11, 2011! **Jennifer Czerwiec** and **Laurie Lanfier** were bowling on lanes 27 & 28 at Plamor Lanes, on opposing teams, and **BOTH** girls rolled 300 games! Their 10th frame shots were captured on video and shared on Muscatine USBC's Facebook page!

Camanche Bowling Association Holds Holiday Food Drive

By Lori Bigwood, Assn. Mgr

The Camanche USBC WBA, in conjunction with their local men's association held a holiday food drive during the month of November to benefit the Camanche Food Pantry. Non-perishable food items were donated by bowlers from each of the junior and adult leagues at Imperial Lanes; with junior bowlers being given an extra incentive for donating as their names were entered into a drawing for a \$100 gift certificate to the Imperial Lanes Pro Shop. Kelly Michaelsen (pictured below with Association Members Chad and Lori Bigwood) was the lucky winner of the drawing. In addition to the donation of food items, the Camanche Men's Association donated a check in the amount of \$500 to the local food pantry for holiday food baskets. The food drive was a great success and the Camanche Men's and Women's Associations look forward to repeating the event in 2011!



FROM THE IOWA 500 CLUB

By Connie DeGreef, President,
Iowa 500 Bowling Club

The 2011 Iowa 500 Club Tournament will be held at Keokuk County Bowl in Sigourney on October 15th and 16th, 2011. There will be two shifts each day.



The club will host the annual banquet and meeting after the 2nd shift on Saturday evening.

Offices up for re-election this year are Vice President and Secretary-Treasurer. At our meeting last October in Monroe, Secretary-Treasurer Barbara Tarantino announced that she would not seek re-election. If you are interested in running for this office, please send your credentials to either Barbara or Connie DeGreef, President.

As of now, we do not have a site for the 2012 tournament. If you would like to host the tournament at your local bowling center, please have your proprietor send information about the lanes and the lineage fee that would be charged for the 2012 tournament.

If you have any questions, please contact Barbara Tarantino at 641-792-4854 or Connie DeGreef at 641-792-6680 or email at conniejo@iowatelecom.net.

2011 ISUSBCWBA BOWL FOR THE CURE MAIL-IN TOURNAMENT

By Shannon McHugh, ISUSBCWBA Director & BFTC Tournament Chair



3,445..... yes, you heard right! This year's entries totalled 3,445 for the 2011 Bowl for the Cure mail-in tournament!!! Entries for 2010 was 2,112 - that's an increase of 61%. WOW!!!! Iowa bowlers are amazing!!!!

Women:

- Div. 1 (averages 135 and below) - 708 entries
- Div. 2 (averages 136 - 155) - 651 entries
- Div. 3 (averages 156 and above) - 558 entries

Men:

- Div. 1 (averages 175 and below) - 673 entries
- Div. 2 (averages 176 and above) - 855 entries

Greater Cedar Valley led the way with a total of 425 entries, followed by Ames Area with 390, and Des Moines Area had 321!!!!

The scores are starting to come in and by the looks of them; some of you are peaking at the right time! Hopefully you entered the tournament to support our state association in support of the Susan Komen Foundation. For those who didn't enter, please consider doing so next year.



Thank you to all of you who helped make this year's tournament such a great success. You made it happen with your efforts to collect entries (and donations) from your leagues and associations. It's your personal contact that makes it work!

On behalf of the Board of Directors of our state association, thank you again for your much needed and appreciated support!



SCARY BOWLING IN GRUNDY CENTER

Submitted by Tami Craig

Halloween 2010 was celebrated in fun fashion during the Lucky Strikers ladies bowling league in Grundy Center as the league held a costume contest!

Nearly all the league bowlers participated – some dressed up in their own made up costumes and several teams got together and dressed up with a team theme.

Everyone voted for their favorites, and prize money was awarded for best costume, most creative, and ugliest too! It was a super fun night!



Village People:

L - R Melanie Strohbahn, Terri Simms, Sarah Penning, Crystal Huisman, Theresa Schildroth, Tarah Slifer



Bowling pins & ball are:

Kara VanWert, Betty Kruse, Dee Eilers, Sheila Cole, Sue Weldon, Sue Halbach, Di Kruker (ball), Cinda Vogt (laying down)



3 gals are

Karrie Hanson, Dawn Buchanan, Stephanie Castle

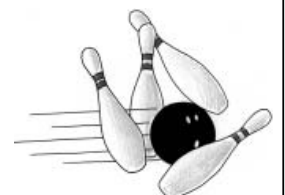
Waverly USBC WBA *By Carma Bouska*

On the cold and snowy night of January 31, 2011, **Kari Campbell** of the Waverly USBC WBA was anything but cold. Kari's first game that night was a nice 214 and like always Kari just smiled. She is always smiling no matter how she is bowling. Her second game was even better, a 222. As Kari has not had a 600 before I am sure her thoughts were, "um, maybe I can do this." Her teammates knew she could! The third game of 177 clinched that nice 613 series.

Kari's mother, Kay Waggett, usually accompanies Kari to bowling each week. In her earlier years Kay was an avid bowler and a youth coach. On this cold and snowy evening Kay decided to stay home where it was warm and she was safe; therefore she did not witness Kari's 613 series. Perhaps with mom not there Kari was more focused.

Just the week before Kari and her doubles partner, Jeanette Stevens won first place in our City Tournament. Kari was also a member of the team claiming first place in city tournament as well.

Congratulations Kari on that nice 613 series! We look forward to your membership into the Iowa 600 Club.



Forest City USBC *Submitted by Linda Jordahl*

Samantha Kohner bowled her first 700 series on October 20, 2010 at the Super Bowl in Forest City, IA while competing in the Wednesday North Iowa league. Samantha's games were 216, 267 and 221 for a 704 series. Way to go Samantha!!

City tournament is an EXCELLENT time to bowl well! Just ask **Jolene Griggs**. When bowling her team event on Monday, February 7th, Jolene bowled games of 212, 213, and 175 for a 600 series on the nose. This is Jolene's very first 600!

Grundy Center

USBC By Tami Craig, Lucky Strikers Sec.-Treas.

On December 30, 2010, the Thursday night Lucky Strikers ladies bowled in support of the 24-hour University of Iowa dance marathon held on Saturday, Feb. 5th. The annual event, one of the biggest dance marathon organizations in the U.S., raised money to benefit the pediatric cancer patients and their families at the University of Iowa Children's Hospital.

Each of the University of Iowa students who participate in the event had to raise at least \$400.00. Jean Simms, UI student and sister of Melanie Strohbehn and daughter of Terri Simms, both bowlers on the Lucky Strikers league, raised \$1,280.00 and danced at the event for the entire 24 hours!

The bowling league gals donated money for each open frame of the night and raised \$160.00 in support of the dance marathon.

Thanks to everyone who donated!



Cedar Rapids USBC WBA *By Wanda Blake*

FINALLY! After 30 years of trying, and coming close many times, **Nell Driscoll** joined her sisters, Frieda North and Wanda Blake in the 600 Club!

While bowling in the Golfer's League on the Four Easy Pieces team at Cedar Rapids Bowling Center, Nell hit her first 600 with games of 147, 196, and 258.

She couldn't believe she made the 600 series, starting with a 147! Needless to say, she was extremely happy to join her sisters but also because the team won four games from a very good team!

December 29, 2010 was a very good day for Nell!

Congratulations Nell!

De Witt USBC WBA *By Jolene Ketelsen*

Dani Naughton was on a real "roll" so to speak. With her 209 average, she was shooting "lights out" in her three leagues. Finally, the secret came out! She was pregnant with her second child.

We all remember when she was pregnant the first time and she shot lights out then too! She had her second 300 game of her career on January 11, 2011 and added games of 247 and 237 for a 784 series!

Since then she has managed to throw a 730 in doubles in the city tournament, winning that division with her aunt. She also won the all-events division. She also shot a 751 in one of the team events!

So ladies, the moral to this story is RAGING HORMONES! Here in De Witt, we are quite proud of how well she bowls! We're also excited to see another youth bowler come in to the picture!

HONOR ROLL - *Congratulations!*

HIGH GAME

Deena Fuller	Davenport Metro	300	12/30/10
Judith Toepfer	Greater Cedar Valley	300	1/10/11
Danielle Naughton	De Witt	300	1/11/11
Juli Fritz	Davenport Metro	300	1/19/11
Rachel Neilson	Davenport Metro	300	1/27/11
Michelle Hochrein	Dubuqueland	300	1/27/11
Jennifer Czerwiec	Muscatine	300	2/11/11
Laurie Lanfier	Muscatine	300	2/11/11
Cindy Cottrell	Dubuqueland	300	2/17/11
Triscia Klein	Muscatine	300	2/21/11
Stacy Starry	Cedar Rapids	299	11/13/10
Lori Easterla	Muscatine	299	12/27/10
Michelle Hochrein	Dubuqueland	299	1/6/11
Margo DeBar	Council Bluffs	299	2/7/11
Cathy Campbell	Dubuqueland	298	10/14/10
Jaqui Wayt	Davenport Metro	297	12/28/10
Dana Homolar	Greater Cedar Valley	297	1/24/11
Dee Conrad	Council Bluffs	290	10/18/10
Donna Anderson	Davenport Metro	290	11/30/10
April Tippett	Cedar Rapids	290	12/8/10
Lisa Madsen	Muscatine	290	1/17/11
Lisa Madsen	Muscatine	290	1/18/11
Kim Van Hauen	Greater Cedar Valley	290	1/27/11
Amanda Edenholt	Oskaloosa	289	1/23/11
Tammy Bockert	Council Bluffs	280	1/2/11

Tara Petersen	Muscatine	280	1/3/11
Kristy Samuelson	Muscatine	280	1/29/11
Tera Barrett	Boone County	279	8/23/10
Robin Honts	Muscatine	279	10/18/10
Janelle Catron	Council Bluffs	279	10/30/10
Cleone Carstenson	Clinton	279	11/1/10
Suzanne Burt	Davenport Metro	279	11/11/10
Diana Loney	Dubuqueland	279	11/28/10
Lori Easterla	Muscatine	279	11/29/10
Roxie Bush	Greater Cedar Valley	279	11/29/10
Tabitha Bieri	Muscatine	279	12/4/10
Robin Honts	Muscatine	279	12/6/10
Terrie Hendricks	Davenport Metro	279	12/6/10
Kristi Thompson	Cedar Rapids	279	12/15/10
Ann Dobesh	Davenport Metro	279	12/23/10
Lisa Madsen	Muscatine	279	1/17/11
Lisa Madsen	Muscatine	279	1/18/11
Barb Einfelt	Greater Cedar Valley	279	1/24/11
Lisa Madsen	Muscatine	279	1/24/11
Karla Rice	Fort Dodge	279	1/29/11
Margo DeBar	Council Bluffs	279	2/7/11
Erin Cooper	Des Moines Area	279	2/7/11
Laurie Lanfier	Muscatine	279	2/7/11
Roxie Bush	Greater Cedar Valley	279	2/21/11
Tammy Bockert	Council Bluffs	278	10/21/10
Jenny Kaup	Council Bluffs	278	11/1/10

Dawn Carter	Cedar Rapids	278	11/5/10
Danielle Bentley	Cedar Rapids	278	11/29/10
Lauren Noah	Cedar Rapids	278	12/7/10
Cindy Cottrell	Dubuqueland	278	12/7/10
Ann Dobesh	Davenport Metro	278	12/13/10
Nancy Leppert	Davenport Metro	278	12/20/10
Tonia Smith	Cedar Rapids	278	12/23/10
Michelle Hochrein	Dubuqueland	278	12/23/10
Lisa Madsen	Muscatine	278	1/6/11
Renee Stewart	Davenport Metro	278	1/10/11
MacKenzie Honts	Muscatine	278	1/17/11
Janette Catron	Council Bluffs	277	10/30/10
Cindi Tippet	Cedar Rapids	277	11/3/10
Amber Thorne	Des Moines Area	277	11/29/10
April Tippet	Cedar Rapids	277	12/8/10
Cathy Everett	Muscatine	277	1/3/11
Triscia Klein	Muscatine	277	1/24/11
Kimberly Collins	Council Bluffs	277	1/24/11
Barb Heuer	Muscatine	277	2/11/11
Amber Thorne	Des Moines Area	277	2/14/11
Roxie Bush	Greater Cedar Valley	277	2/16/11
Rochelle Haywood	Des Moines Area	276	1/10/10
Kristi Thompson	Cedar Rapids	276	11/9/10
Gloria Snyder	Davenport Metro	276	1/2/11
Amy Schultz	Dubuqueland	276	1/6/11
Tracy Wood	Oskaloosa	276	2/13/11
Kim Pennock	Clinton	276	10/28/11
Stacie Bennett	Cedar Rapids	275	11/6/10
Cari Clark	Council Bluffs	275	12/2/10
Shelly Tucker	Davenport Metro	275	12/13/10

HIGH SERIES

Lisa Madsen	Muscatine	817	1/17/11
Margo DeBar	Council Bluffs	817	2/7/11
Janette Catron	Council Bluffs	800	10/30/10
Cindy Cottrell	Dubuqueland	795	2/17/11
Danielle Naughton	De Witt	784	1/11/11
April Tippet	Cedar Rapids	781	12/8/10
Tabitha Bieri	Muscatine	777	2/12/11
Dana Homolar	Greater Cedar Valley	776	1/24/11
Cindy Cottrell	Dubuqueland	775	2/3/11
Erin Cooper	Des Moines Area	774	2/7/11
Tabitha Bieri	Muscatine	771	12/4/10
Ann Dobesh	Davenport Metro	762	12/23/10
Renee Stewart	Davenport Metro	760	1/10/11
Becky Clark	Des Moines Area	753	1/24/11
Robin Honts	Muscatine	752	10/18/10
Dawn Barber	Cedar Rapids	752	12/11/10
Barbara Fox	Des Moines Area	752	1/17/11
April Tippet	Cedar Rapids	751	11/24/10
Donna Anderson	Davenport Metro	751	11/30/10
Becky Clark	Des Moines Area	750	1/17/11
Valerie Ryan	Council Bluffs	747	12/23/10
Kristy Samuelson	Muscatine	745	2/8/11
Ann Dobesh	Davenport Metro	744	12/12/10
Stacy Starry	Cedar Rapids	743	1/15/11
Tara Petersen	Muscatine	741	1/3/11
Roxie Bush	Greater Cedar Valley	741	1/26/11
Roxie Bush	Greater Cedar Valley	740	11/29/10
Kristy Samuelson	Muscatine	740	12/27/10
Michelle Hochrein	Dubuqueland	740	1/6/11
Carol Evans-Twig	Davenport Metro	738	1/11/11
Cindy Cottrell	Dubuqueland	737	12/2/10
Cheryl Roe	Cedar Rapids	736	1/6/11
Angie Foye	Cedar Rapids	733	1/15/11
Tabitha Bieri	Muscatine	732	12/11/10
Kristy Samuelson	Muscatine	732	12/13/10
Debora Grau	De Witt	729	12/6/10
Stacy Starry	Cedar Rapids	729	12/23/10
Triscia Klein	Muscatine	729	2/15/11
Amanda Edenholm	Oskaloosa	728	1/23/11

Kristy Samuelson	Muscatine	728	1/28/11
Ann Dobesh	Davenport Metro	727	12/13/10
Roxie Bush	Greater Cedar Valley	726	2/21/11
Jenny Kaup	Council Bluffs	725	11/1/10
Tabitha Bieri	Muscatine	725	1/18/11
Laurie Lanfier	Muscatine	725	1/31/11
Kristy Samuelson	Muscatine	725	2/3/11
Ronda Honts	Muscatine	724	11/11/10
Ronda Honts	Muscatine	724	11/27/10
Shelly West	Council Bluffs	724	11/29/10
Stephanie Beck	Dubuqueland	724	1/6/11
Lisa Madsen	Muscatine	724	1/9/11
Judith Toepfer	Greater Cedar Valley	724	1/10/11
Kim Collins	Council Bluffs	723	10/28/10
Lisa Madsen	Muscatine	720	1/28/11
Barb Einfelt	Greater Cedar Valley	718	1/24/11
Brooke Flannagan	Cedar Rapids	717	11/11/10
Traci Lewis	Cedar Rapids	717	1/8/11
Michelle Hochrein	Dubuqueland	717	1/27/11
Roxie Bush	Greater Cedar Valley	717	2/16/11
Barb Einfelt	Greater Cedar Valley	716	12/5/10
Stephanie Beck	Dubuqueland	716	12/9/10
Stacia Haro	Clinton	716	1/11/11
Robin Honts	Muscatine	715	12/6/10
Tina Allsup	Cedar Rapids	715	12/13/10
Laurie Hiatt	Dubuqueland	715	1/6/11
Jamie Scott	Cedar Rapids	715	1/12/11
Michelle Hochrein	Dubuqueland	714	12/23/10
Shelly Hurd	Cedar Rapids	714	1/19/11
Gena Steele	Cedar Rapids	713	11/5/10
Diane Hawkins	Cedar Rapids	713	11/29/10
Tabitha Bieri	Muscatine	713	1/15/11
Triscia Klein	Muscatine	713	2/10/11
Alicia "Wish" Payne	Muscatine	713	2/12/11
Cathy Campbell	Dubuqueland	711	10/14/10
Linda Graham	Ottumwa	711	1/9/11
Tabitha Bieri	Muscatine	711	2/3/11
Roxie Bush	Greater Cedar Valley	711	2/7/11
Tammy Bockert	Council Bluffs	710	10/21/10
Kim Van Hauen	Greater Cedar Valley	709	1/24/11
Denise Procyk	Des Moines Area	708	1/15/11
Nancy Ludwig	Cedar Rapids	708	1/20/11
Sheila Chapman	Dubuqueland	708	2/17/11
Courtney Wilson	Greater Cedar Valley	707	11/29/10
Robin Honts	Muscatine	707	2/3/11
Cindy Cottrell	Dubuqueland	707	2/10/11
Dawn Carter	Cedar Rapids	706	11/6/10
Kim Droessler	Cedar Rapids	706	12/21/10
Tera Barrett	Boone County	705	8/23/10
Jennifer Czerwicz	Muscatine	705	12/3/10
Jennifer Czerwicz	Muscatine	705	12/6/10
Cindy Cottrell	Dubuqueland	705	12/7/10
Samantha Kohner	Forest City	704	10/20/10
Vikki Bartosh	Cedar Rapids	704	1/7/11
Diane Hawkins	Cedar Rapids	703	10/28/10
Shelly Tucker	Davenport Metro	703	12/13/10
Lisa Kane	Cedar Rapids	703	12/21/10
Becky Clark	Des Moines Area	703	2/14/11
Nancy Hanson	Cedar Rapids	702	1/13/11
Stephanie Beck	Dubuqueland	702	2/10/11
Sarah Gronwoldt	Cedar Falls	701	1/13/10
Kristi Thompson	Cedar Rapids	701	12/15/10
Lisa Madsen	Muscatine	701	1/6/11
Kristin Newberry	Oskaloosa	701	1/17/11
Traci Lewis	Cedar Rapids	700	11/22/10
Melodie Satterlee	Greater Cedar Valley	700	12/6/10
Teresa Ryan	Davenport Metro	700	1/4/11
Tabitha Bieri	Muscatine	700	1/9/11
Margene Makinster	Greater Cedar Valley	700	1/13/11
Stephanie Beck	Dubuqueland	700	2/3/11
Laurie Hiatt	Dubuqueland	700	2/3/11

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